



MARCH 21, 2019

BEREAVEMENT

SUPPORT GROUP

Have you experienced a recent loss?

Take some time for yourself and join us to express your grief and support others. Let's work together to provide a safe space to talk and acknowledge our grief. Everyone is welcome. For more information contact Jody Watt at 306-425-4834 or jody.watt@saskhealthauthority.ca



**3rd Thursday
of each
month from
1:00-2:30pm**

April 18th, 2019

May 16th, 2019

June 20, 2019

July 18, 2019

**LA RONGE HEALTH
CENTER**

**Long Term Care
Healing Room**

227 Backlund St
La Ronge
306-425-2422